

# WHY CHOOSE KUMARIE'S ORGANIC GARDEN?



We're happy to offer a great variety of delicious food. We appreciate your RSVP in our CSA program by becoming a member now. While membership is open year-round, early commitments allow us to reserve your spot in a seasonal window for planting new crops. In this way, you can also feel more connected to the process of growing the food you'll enjoy eating, with your first harvest share ready in early November. Thank you for sharing the love.



*Organically grown local produce*

# Local Food & CSAs

CSA or Community Supported Agriculture began as civic agriculture by Japanese mothers in 1965. Teikeis, or CSAs, were formed as partnerships between farmers and their communities out of concern for pesticides, soil contamination, urbanization of farmland, rising imported food and compromised food safety. These early CSA pioneers sought a return to health through greater food quality control and increased self-sufficiency. In 1924, the economic ideas of Rudolf Steiner inspired CSAs in Europe. And in response to farmers seeking his expertise, he founded biodynamic farming as a system of growing food that considers mind, body and spirit. Biodynamic farming became his "Spiritual and Scientific Foundations for a Renewal of Agriculture." CSAs were born in America in 1984, and today, Kumarie's Organic Garden is proud to be one of more than 12,000 CSA farms in the country.



Local Food, or civic agriculture, is locally based small-scale agriculture and food production directly linked to a community's social, ethical, environmental and economic health. Local food represents a sustainable alternative to the potentially destructive practices of large-scale conventional agriculture. The CSA model of community development is a powerful tool in building a local and global, sustainably smart economy. It supports farmland conservation, helps fund small family farming, and invests in ecologically sound, socially equitable agriculture. CSA members cover part of a farm's yearly operating budget by purchasing a share of the season's harvest in advance. This helps pay for seeds, fertilizers, water, equipment maintenance, labor, etc. In return, members receive a share of the seasonal harvest on a weekly basis until the investment is returned, while enjoying the highest quality, nutrition-packed produce below normal retail prices.

As a CSA family member, you are helping build alliances that grow green jobs and help farmers preserve disappearing farmland, synergizing with millions of consciously minded people living greener now and for future generations. Together, you can join local farmers as stakeholders in the welfare of our communities and our planet.



**386-418-0320**

# KUMARIE'S ORGANIC GARDEN

9133 NW 219TH PLACE

ALACHUA, FL 32615

**386-418-0320**

hemchan108@yahoo.com

Home Grown - In Alachua, FL



**Growing healthy food locally**

We welcome you to join our **Community Supported Agriculture**

**Support our local Organic Garden,** which provides the most wholesome and nutritious organic produce available. By bringing produce directly from our Garden to you, our consumer, our produce creates a lower carbon footprint than most other organic produce, which also comes from far-off places such as California and Mexico.

*Fresh ♦ Local ♦ Organic*

# THE HARVEST

The following list covers most of the vegetables that we anticipate growing this year. A space is provided so you can rate on a scale of 0 to 5. Five means you would like it in your bag every week it is available, and zero means that you never want it in your bag.

..... Arugula	..... Parsley
..... Basil	..... Peppers
..... Beans	..... banana
..... Beets	..... bell
..... Bok choy	..... hot
..... Broccoli	..... sweet
..... Broccoli rabb	..... Potatoes
..... Brussel sprout	..... Radish
..... Cabbage	..... Salad mix
..... Cantalope	..... Snow peas
..... Carrots	..... Sorrel
..... Chinese cabbage	..... Spinach
..... Cilantro	..... Cucumbers
..... Collards	..... Squash
..... Calaloo spinach	..... green
..... Daikon radish	..... yellow
..... Dill	..... winter types
..... Eggplant	..... Sunflower sprouts
..... Endive	..... Tatsoi
..... Escarole	..... Tomatoes
..... Fennel	..... cherry
..... Kale (4 types)	..... grape
..... Leeks	..... roma
..... Lettuce	..... Turnips
..... Kohlrabi	..... Watermelons
..... Mustard greens	..... Swiss Chard
..... Okra	..... Garlic
..... Onions	

And a wide variety of summer asian vegetable  
Call for availability 386-418-0320

Rather than relying on food saturated with chemicals and passed through many hands on its pollution-generating trek to your home, place your trust in our local farms, which feature certified organic produce that is touched by just a few people. Our produce also arrives in your home and kitchen in just one day or less after it is picked, so the food you eat is always fresh. This quality is only found in local farms such as ours.

*Organically grown local produce*

# WHAT IS A CSA?

## 1. What is a CSA?

A CSA is a community supported agriculture cooperative

## 2. How does it work?

You sign up and make a commitment to purchase a farmer's produce for the season. You can purchase a "share" or a half share. You will receive a fresh bag of certified organic produce each week for 32 weeks. The season lasts from November to the end of June.

There is a small risk of unforeseeable circumstances that occasionally may reduce the share portion.

## Share size (check one)

- Month (\$16 of produce each week for 4 weeks)  
\$64
- Full (\$16 of produce each week for 32 weeks)  
\$500.00
- Half (\$8 of produce each week for 32 weeks)  
\$275.00

Sign up and make checks out to Kumarie's Organic Garden

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail: \_\_\_\_\_

# Volunteers Welcomed

Be part of this unique experience by volunteering to help farm at Kumarie's Organic Garden. Please contact us at 386-418-0320 or via email at hemchan108@yahoo.com to learn about volunteer opportunities.

**386-418-0320**

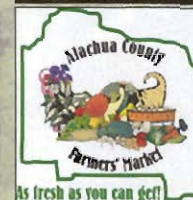
# LOCATIONS

## KUMARIE'S ORGANIC GARDEN



**9133 219TH PLACE  
ALACHUA, FL 32615  
386-418-0320**

## PICKUP LOCATIONS



**Alachua County Farmers' Market**  
5920 NW 13th Street  
Gainesville, FL 32653

**Circle Square Commons  
Farmers' Market**  
8405 SW 80th St  
Ocala, FL 34481



**Union Street Farmers' Market**  
111 E. University Avenue  
Gainesville, FL 32601



**Haile Village Farmers' Market**  
Haile Plantation  
SW 91st Terrace  
Gainesville, FL 32608



*Fresh ♦ Local ♦ Organic*